

SUNDAY

League	Date	Time	League Type
4 Aces	3-22-26	5:00pm	End your weekend in style. Bowl in this mixed 4's league and bowl at South Point in Vegas for sweeps.
Super Vegas	3-22-26	5:30pm	If you missed Mega Vegas, here's your chance to bowl in our newest Vegas program. Sweeps at Gold Coast.

BIG BANG TOURNAMENT • STRIKE IT RICH TOURNAMENT • ZOMBIE SINGLES TOURNAMENT • OFFICERS CUP

BOWLING WITH BENEFITS
 JOINING ANY LEAGUE AT FOREST LANES GIVES YOU ACCESS TO ALL OF OUR EXCLUSIVE YEAR ROUND TOURNAMENTS & A DISCOUNT ON OPEN PLAY BOWLING

GOBBLE GOBBLE GOBBLE
 SWEETHEART DOUBLES TOURNAMENT • PRESIDENTS
 SECRETARY'S • THE BIG DANCE TOURNAMENT
 VICE PRESIDENT'S CUP



2026 LEAGUE SCHEDULES

SUMMER FUN

H
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R
E



Name _____ Average _____ Date _____

Home Phone () _____ Address _____

Mobile Phone () _____ City _____ Zip _____

E-mail Address _____

League Choice _____ Day _____ Time _____

Names of People You Are Signing Up FL/S26 _____

_____ Mobile () _____ Average _____

22771 Centre Dr. Lake Forest, CA. 92630
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MONDAY

League	Date	Time	League Type
Bowled & Beautiful	5-4-26	12:30pm	This is a fun, social league for anyone ages 50 and up.
Bowlers Depot Scratch Trios	6-1-26	7:00pm	Competitive Scratch 4-game league with heads up match play, bowling on different patterns.
Mega Vegas	8-3-26	6:30pm	Over \$125,000 in payouts last season, with six different divisions to accommodate all skill levels. Sweeps at South Point in Las Vegas.

TUESDAY

League	Date	Time	League Type
Super Vegas	3-17-26	6:30pm	If you missed Mega Vegas, here's your chance to bowl in our newest Vegas program. Sweeps at Gold Coast.
Tuesday Tappers	5-5-26	12:30pm	Senior No-Tap League. 9 pins on the first ball counts as a strike!!
Scratch 5-Game Tournament	Weekly	7:00pm	See if you've got what it takes to compete on the same conditions the pros bowl on!

SUPER
CYBER TUESDAY 50% OFF BOWLING FROM 12PM-10PM
*WHEN YOU BOOK YOUR RESERVATIONS ONLINE



WEDNESDAY

League	Date	Time	League Type
Slots of Fun	4-22-26	6:30pm	Vegas Handicap 4's. Lots of added money through 50/50 drawings and strike pots. Sweeps at The Orleans in Vegas.
Senior Midweekers	5-6-26	12:30pm	Make friends in this Senior mixed foursome league. Open to anyone 50+.
Mega Vegas	7-29-26	6:30pm	Over \$125,000 in payouts last season, with six different divisions to accommodate all skill levels. Sweeps at South Point in Las Vegas.

THURSDAY

League	Date	Time	League Type
Senior Scratch Trios	4-30-26	12:30pm	No handicap needed. This is a competitive Senior scratch league for bowlers 50+.
Mega Vegas	7-30-26	6:30pm	Over \$125,000 in payouts last season, with six different divisions to accommodate all skill levels. Sweeps at South Point in Las Vegas.
12 for \$12	5-14-26	6:30pm	Short 12-week league! Only \$12/week. All bowlers receive a ball at the end of the league.

FRIDAY

League	Date	Time	League Type
Friday Jackpot	Join Anytime	12:30pm	Weekly social senior gathering for bowlers ages 50 and up. No weekly commitment, come when you want.
Cosmic Bowling	Weekly Starting on 5-29-26	6:00pm	Celebrate with friends and family in the dark with music from all eras.
Cosmic 12 for \$12	5-29-26	6:00pm	Short 12-week league while bowling in the dark with music! All bowlers receive a ball at the end of the league.

COSMIC BOWLING
 A GLOW IN THE DARK GOOD TIME
FRIDAY 9PM-CLOSE | SATURDAY 4PM-CLOSE



SATURDAY

League	Date	Time	League Type
No-Tap Tournament	Weekly	12:00pm	Win money while bowling higher scores. 9 pins on the first ball is a strike.
Cosmic Bowling	Weekly	4:00pm	Celebrate with friends and family in the dark with music from all eras.